

The Ty'Zen Times

Howdy!

Let's catch up. Are you free October 10 at 7 PM EST? Well, if I'm feeling completely better, I'll go Live on IG so we can chat.

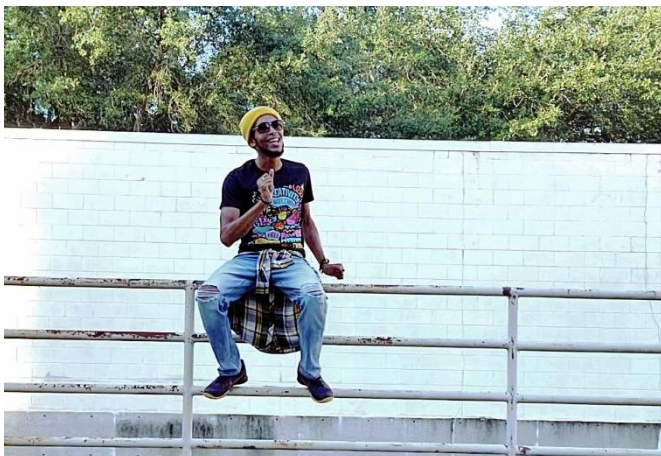
I was able to speak this morning!!! My voice is still weak but there is major progress. I'm thinking it should be fully restored by Sunday. I'm still resting (and coughing) and looking forward to being fully healed so I can get back to work. Being sick is so aggy, but I do appreciate staying in bed everyday lol.

But seriously, let's chat on Sunday. I want to know what's happening in your world and I'm eager to play some songs for you.

Sunday is also World Mental Health Day. If all goes as planned, I'm doing something special to acknowledge that day. I also would like for us to briefly talk about mental health. I'm a Mental Health Advocate; it's a huge part of my book and a major influence for a lot of the writing on this album. I'll explain more when we get together. I think this will be a beneficial conversation.

The Music Video for "I'm Alive" is out now!

[Watch Here!](#) Are you feeling it? The first time I watched it on YouTube, I noticed that it looked a bit blurry in sections. Some devices default to a recommended setting that's based on the device. When I changed the quality to 4K (2160p), it showed clearer. If you're experiencing the same issue, just click the settings gear icon to select the quality you want. Don't forget to Like, Comment, and Share the video! And Subscribe!!



I love you.

Blessings,
Ty'Zen

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